

VMware Workstation 6 Keyboard Shortcuts

General

Ctrl + B	Power On
Ctrl + E	Power Off
Ctrl + R	Reset the Power
Ctrl + Z	Suspend
Ctrl + N	Create a New Virtual Machine
Ctrl + O	Open a virtual machine
Ctrl + F4	Close the summary/console view for the selected virtual machine.
Ctrl + D	Edit the virtual machine
F9	Toggle between displaying and hiding the sidebar.
Ctrl + G	Grab input from keyboard and mouse.
Ctrl + P	Edit preferences.
Ctrl + Alt + Enter	Toggle between full screen mode and windowed mode.
Ctrl + Alt	Release the mouse cursor.
Ctrl + Alt + Tab	Switch among open virtual machines while mouse and keyboard input are grabbed.
Ctrl + Tab	Switch among open virtual machines while mouse and keyboard input are not grabbed.
Ctrl + Shift + Tab	Switch among open virtual machines while mouse and keyboard input are not grabbed
Ctrl + Shift + Right Arrow	In full screen mode switch to the next powered-on virtual machine.
Ctrl + Shift + Left Arrow	In full screen mode switch to the previous powered-on virtual machine.

Visit <http://www.shortcutmania.com/> for more printable keyboard shortcuts